


# Linda Carroll-Barraud, M.S.

Licensed Marriage & Family Therapist  
Northwest Seminars & Consulting, Inc.

REGISTRATION INFORMATION			
How did you hear about us?			
CLIENT INFORMATION			
CLIENT FULL NAME		DATE OF BIRTH	SSN
ADDRESS		CITY/STATE/ZIP	
HOME PHONE	CELL PHONE	WORK PHONE	INDICATE BEST # TO LEAVE MESSAGE <input type="checkbox"/> HOME <input type="checkbox"/> CELL <input type="checkbox"/> WORK
EMAIL ADDRESS		OK TO DISCUSS SCHEDULING VIA EMAIL? <input type="checkbox"/> YES <input type="checkbox"/> NO OK TO SEND RECEIPTS OR STATEMENTS VIA EMAIL? <input type="checkbox"/> YES <input type="checkbox"/> NO	
MARITAL STATUS <input type="checkbox"/> SINGLE <input type="checkbox"/> MARRIED <input type="checkbox"/> PARTNERED <input type="checkbox"/> SEPARATED <input type="checkbox"/> DIVORCED <input type="checkbox"/> WIDOWED <input type="checkbox"/> OTHER		EMPLOYMENT STATUS <input type="checkbox"/> FULL-TIME <input type="checkbox"/> PART-TIME <input type="checkbox"/> SELF-EMPLOYED <input type="checkbox"/> RETIRED <input type="checkbox"/> ACTIVE MILITARY	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE <input type="checkbox"/> TRANS
EMERGENCY CONTACT			
EMERGENCY CONTACT NAME		EMERGENCY CONTACT PHONE	RELATIONSHIP TO CLIENT
RESPONSIBLE PARTY (if different than client)			
BILLING FULL NAME		RELATIONSHIP TO CLIENT	
BILLING ADDRESS		CITY/STATE/ZIP	
BILLING PHONE	LEAVE MSG? <input type="checkbox"/> YES <input type="checkbox"/> NO	EMAIL ADDRESS	
FEES FOR SERVICES			
Initial Interview	\$185	Group Therapy	\$100/2-hr group
Family, Individual or Marriage Therapy (45 Minutes)	\$160	All Classes (see seasonal flyers) (PAYMENT PLANS CAN BE ARRANGED: PLEASE CONSULT ME)	
<p>We will help you with billing your insurance as much as possible. However, you are responsible for your counseling fees whether or not your insurance will cover them.</p>			
CANCELLATION POLICY			
<p>If you fail to cancel a scheduled appointment, we cannot use this time for another client and you will be billed for the entire cost of your missed appointment. A full session is charged for missed appointments or cancellations with less than 24 hour notice unless due to illness or emergency. A bill will be mailed directly to all clients.</p> <p style="text-align: center;">Thank you for your cooperation in this matter.</p>			
INSURANCE INFORMATION <small>copy of both sides of the insurance card needed at intake</small>			
PRIMARY INSURANCE COMPANY		DO YOU HAVE AN EAP? <input type="checkbox"/> YES <input type="checkbox"/> NO	
COPAY: \$	DEDUCTIBLE: \$	ID#	
ALL COPAYS AND BALANCES ARE DUE IN FULL AT THE TIME OF YOUR APPOINTMENT			
		EXP DATE	CVV CODE
CARD NUMBER		<p style="text-align: center;">Policies with a DEDUCTIBLE or Out-of-network insurance coverage <b>REQUIRE A CREDIT CARD ON FILE</b></p> <p>We are ONLY contracted with Samaritan Choice, MHN, and PacificSource to accept assignment.</p> <p>We do not accept Medicare.</p> <p>If you would prefer to be billed via Paypal, please provide credit card and check this box: <input type="checkbox"/></p>	
CARDHOLDER NAME			
<i>I hereby give consent to charge my credit card listed above for any outstanding balance such as deductibles, co-payments, fees or other amounts my carrier determines as payable by me.</i>			
CARDHOLDER SIGNATURE		DATE	

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## AUTHORIZATION FOR RELEASE OF INFORMATION

### To Our Clients

We can help you better if we are able to work with other professionals that know you and your family. By signing this form, you are giving permission for those listed to share information about your situation.

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

I authorize the following individuals or agencies to exchange information with Linda Carroll-Barraud, M.S.:

\_\_\_\_\_  
\_\_\_\_\_

### Purpose

The information received will be used to better serve in helping in planning and coordinating services for me and my family, or for other purposes, as specified:

\_\_\_\_\_  
\_\_\_\_\_

Only information necessary to assist in the process of my care will be exchanged. This permission is good for one year, or until

\_\_\_\_\_. I can cancel this at any time, but I understand that the cancellation will not affect any information that was already released before the cancellation. I understand that information about my case is confidential and protected by state and federal law. I approve the release of this information. I understand what this agreement means. I am signing on my own and have not been pressured to do so.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Counselor Signature \_\_\_\_\_ Date \_\_\_\_\_

### To those Receiving Information Under this Authorization

This information disclosed to you is protected by state and federal law. You are not authorized to release it to any agency or person not listed on this form without specific written consent of the person to whom it pertains unless authorized by other laws.

## LIMITS OF CONFIDENTIALITY

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

**Duty to Warn and Protect** / when a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

**Abuse of Children and Vulnerable Adults** / if a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

**Prenatal Exposure to Controlled Substances** / mental health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

**Minors/Guardianship** / parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

**Insurance Providers** / when applicable, insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

*I agree to the above limits of confidentiality and understand their meanings and ramifications.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_  
(client's parent/guardian if under 18)

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## INTAKE FORM

Please provide the following information and answer the questions below. Please note: Information you provide here is protected as confidential information.

CLIENT FULL NAME		DATE OF BIRTH	AGE
ADDRESS		CITY/STATE/ZIP	
HOME PHONE	CELL PHONE	WORK PHONE	INDICATE BEST # TO LEAVE MESSAGE <input type="checkbox"/> HOME <input type="checkbox"/> CELL <input type="checkbox"/> WORK
EMAIL ADDRESS		OK TO DISCUSS SCHEDULING VIA EMAIL? <input type="checkbox"/> YES <input type="checkbox"/> NO OK TO SEND RECEIPTS OR STATEMENTS VIA EMAIL? <input type="checkbox"/> YES <input type="checkbox"/> NO	

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc)?

NO

YES, previous therapist/practitioner: \_\_\_\_\_

Are you currently taking any prescription medication?  NO  YES

If YES, please list \_\_\_\_\_

Have you ever been prescribed psychiatric medication?  NO  YES

If YES, please list and provide dates \_\_\_\_\_

### GENERAL HEALTH AND MENTAL HEALTH INFORMATION

1. How would you rate your current physical health? (Please circle)

POOR                      UNSATISFACTORY                      SATISFACTORY                      GOOD                      VERY GOOD

2. How would you rate your current sleeping habits? (Please circle)

POOR                      UNSATISFACTORY                      SATISFACTORY                      GOOD                      VERY GOOD

3. How many times per week do you generally exercise? \_\_\_\_\_

What types of exercise do you participate in? \_\_\_\_\_

4. Please list any difficulties you experience with your appetite or eating patterns: \_\_\_\_\_

5. Are you currently experiencing overwhelming sadness, grief, or depression?  NO  YES

If yes, for how long? \_\_\_\_\_

6. Are you currently experiencing anxiety or panic attacks or have any phobias?  NO  YES

If yes, when did this begin? \_\_\_\_\_

7. Are you currently experiencing any chronic pain?  NO  YES

If yes, please describe \_\_\_\_\_

8. Do you drink alcohol more than once per week?  NO  YES

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9. Are you now, or have you any family members been concerned about your drug or alcohol intake?  NO  YES

If yes, please explain \_\_\_\_\_

10. How often do you engage in recreational drug use?

Daily  Weekly  Monthly  Infrequently  Never

11. Are you currently in a romantic relationship?  NO  YES

If yes, for how long? \_\_\_\_\_ On a scale of 1-10, how would you rate your relationship? \_\_\_\_\_

12. What significant life changes or stressful events have you experienced recently?

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## FAMILY MENTAL HEALTH HISTORY

PLEASE CIRCLE

LIST FAMILY MEMBER

Alcohol/substance abuse

YES NO

\_\_\_\_\_

Anxiety

YES NO

\_\_\_\_\_

Depression

YES NO

\_\_\_\_\_

Domestic violence

YES NO

\_\_\_\_\_

Eating disorders

YES NO

\_\_\_\_\_

Obesity

YES NO

\_\_\_\_\_

Obsessive compulsive behavior

YES NO

\_\_\_\_\_

Schizophrenia

YES NO

\_\_\_\_\_

Suicide attempts

YES NO

\_\_\_\_\_

## ADDITIONAL INFORMATION

1. Are you currently employed?  NO  YES

If yes, what is your current employment situation? \_\_\_\_\_

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Do you enjoy your work? Is there anything stressful about your current work? \_\_\_\_\_

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2. Do you consider yourself to be spiritual or religious?  NO  YES

If yes, please describe your faith or belief: \_\_\_\_\_

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3. What do you consider to be some of your strengths?

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4. What do you consider to be some of your weaknesses?

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5. What would you like to accomplish out of your time in therapy?

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## PROFESSIONAL DISCLOSURE STATEMENT

### Philosophy and Approach to Counseling

My approach is eclectic and multi-disciplinary. It includes a strong base of clinical skills in a psychodynamic mode along with an emphasis in interpersonal communication, psychoeducation and transpersonal psychology. I work closely with the client – setting goals and expectations together and regularly reviewing them. When I see evidence of a biological basis for symptoms, I work with a physician or naturopath. I refer often to other community resources including education systems, support groups, spiritual resources and various healthcare professionals. My training has focused on couples counseling, and I have extensive training with PAIRS International, Inc., and am a Master PAIRS Teacher. I am a trained IMAGO therapist (the work of Harville Hendrix), and have studied extensively with Drs. Hal and Sidra Stone in couple's work.

### Formal Education and Training

- Bachelor of Science in Community Service & Public Affairs, University of Oregon, 1977
- Master of Science in Counseling, Oregon State University, 1983
- Three-year post-graduate training in Counseling, Oregon State University, 1983
- Completed 90 hours of credit toward doctoral degree
- Completed one-year program with Institute of Transpersonal Psychology receiving a Certificate in Transpersonal Psychology, 1987
- Licensed Marriage and Family Therapist #T0380 – this carries continuing education requirements of 20 hours each year
- National Certified Clinical Mental Health Counselor #04133 by the National Board of Certified Counselors – this carries continuing education requirements of 100 hours in a five-year period
- Certified counseling supervisor since 1992

### Code of Ethics

As a licensee of the Oregon State Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics.

### Continuing Education/Supervision

To maintain my license I am required to participate in 20 hours of annual continuing education. I seek training to improve both the art and science of my work. I consult with a Clinical Supervisor on a regular basis, as well as consulting with other professionals as needed.

### Client Rights

As a client of an Oregon licensee you have the following rights:

1. To expect that the licensee has met minimal qualifications of training and experience as required by state law.
2. To examine public records maintained by the Board and to have the Board confirm credentials of a licensee.
3. To obtain a copy of the Code of Ethics.
4. To report complaints to the Board
5. To be informed of the cost of professional services before receiving the services.
6. To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
  - + Reporting suspected child abuse
  - + Reporting imminent danger to client or others
  - + Reporting information required in court proceedings or by client's insurance company or to other relevant agencies.
  - + Providing information concerning licensee case consultation or supervision
  - + Defending claims brought by client against licensee
7. To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

Board of Licensed Professional Counselors & Therapists / 3218 Pringle St SE, #50, Salem OR 97302  
National Board for Certified Counselors / 3D Terrace Way, Greensboro NC 27403