

# Our Mother's Daughters

January 24-28, 2018

“At the same time, the daughters, in adulthood, must also make the effort to really know their mothers – which many daughters do not – in order to understand what forces shaped those mothers. These daughters need to discover what torment may have unwittingly informed their mothers’ parental choices, and to see their mothers as composites of strengths and weaknesses, rather than as all good or all bad.”

*Victoria Secunda*



## Our Focus

Every woman is a daughter and many daughters are mothers. This is the primal and most misunderstood relationship in our lives. Whatever our experience or our current feelings about our mother, we all carry the legacy. For some of us, the sweet memories of past times hide the pain and conflicts from ourselves and others. For others, continuing to blame our mothers for our current ills often fails to acknowledge the gifts we have received. We will not claim our full womanhood and autonomy until we can name both the gifts and the dragons of being “our mother’s daughter.”

We will use the tools of emotional literacy, poetry and stories, Gestalt and genograms, self-reflection and guided meditations with music, and new information. Through practical, professionally guided processes we will help you choose from your legacy what you are ready to let go of and what you wish to keep. We will use this group process to focus on resolving issues of conflict and power struggles, boundaries, loss and grief. Safety is essential during this event and we offer you our joint 50 years of professional training and expertise that promises to allow you to participate at your own pace.

*Please tear off and submit*

## Registration Our Mother's Daughters, Jan 2018

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Payment method:

Check  Credit Card \_\_\_\_\_

Expiration date \_\_\_\_\_ Security Code \_\_\_\_\_

Authorized signature \_\_\_\_\_

**Fee: \$995/person**

Deposit \$250/person

(non-refundable, non-transferable)

The full amount is due 10 days before the start of the event – Jan 14, 2018

No refunds or transfers.

Make check payable to:  
NWSC, Inc.  
1242 NW Hillcrest Dr  
Corvallis, OR 97330