

The Heart Of Healing

Workshop Series 2019-2020

with Ann Ladd, Ph.D. and Ildiko Overbay, LPC

"Vulnerability is the birthplace of motivation, creativity and change." Brene Brown

What is the heart of healing for you? The focus for this year-long training intensive is to:

- Relieve and heal the intensity of areas of vulnerability
- Identify and shift your conditioned patterns of protective reaction
- Practice new patterns of response to conflict or stressful situations

DATES: **September 27-29, 2019**
November 22-24, 2019
January 17-19, 2020
March 13-15, 2020
May 15-17, 2020



TIME: **Fridays** **7:00-10:00 P.M.**
 Saturdays **9:30 A.M.-5:00 P.M.**
 Sundays **9:30 A.M.-1:00 P.M.**

LOCATION: **1242 Hillcrest Drive, Corvallis, Oregon**

FEE FOR SERIES: **\$1,925/person**
OR: **\$1,825 if paid in full by August 31, 2019**

DEPOSIT: **\$200 non-refundable deposit is required to reserve a space**

You must sign up for the entire series. Group is limited to 16 participants.
No discounts or refunds for missing weekends.