



LoveSkills at the Ranch

May 30-June 6, 2020
With Linda Carroll

*Open to
all couples
of all kinds*

Revitalize Your Relationship at Rancho La Puerta with Linda Carroll

Revitalization Class

In celebration of my new book, LoveSkills, which will be published on February 14, 2020, I am offering a week-long couples revitalization class, an extension of the Love Cycles program.

Leaving behind your day-to-day-life, you will be able to spend the week focusing on your relationship at one of the most beautiful places on earth, cocooned in wonderful food, nourishing exercise and other extraordinary adventures for the body, mind and spirit.

*Friends and family who want to experience The Ranch without the LoveSkills program can also participate in the **Love Cycles Retreat**, including the 20% discount and massage.*

Contact me for more information.

What You Get

Along with the choices for outer and inner fitness in the magnificent setting of Rancho La Puerta in Tecate, Mexico your program will include:

- (5) Five hours of special classes only for couples in this program, based on my highly acclaimed LoveSkills class
- (2) Two one-hour sessions per couple during the week
- A copy of my new book: LoveSkills
- Follow-up Skype session a month after we part
- 20% discount on ranch programs for those staying at the villa accommodations (includes a free massage for each person)

