



Love Cycles presents

Love Skills 2

A Virtual Class for Couples

“Love doesn’t just sit there, like a stone,
it has to be made, like bread: remade all
the time, made new.”

-Ursula K. LeGuin

**In this class we will review communication basics
and learn the practical skills that will help you:**

- Heal your history, move past the past,
and end recurring arguments
- Create new conversations that matter, using
shared language and deep listening
- Practice connection before conflict with four communication tools
- Repair old and current hurts using the Loops Wheel
- Revive intimacy and renew the passion and pleasure in your relationship
- (7) Seven 75-minute group sessions
- (2) Two private 45-minute sessions with
each couple on Breaking the Loops

Register here today:

<https://lindaacarroll.com/love-skills-july-2020/>

**New Class Begins
July 13, 2020**

With Linda Carroll
and special guest Deb Lyman
for the Enneagram

Mondays, 7-8:15pm

July 13

July 20

July 27

August 3

August 10

August 17

August 24

\$795, insurance billable
and workbook included

